

MONDAY

6-7PM

LAFAYETTE GREENS:

132 W Lafayette Blvd, Detroit, MI 48226

WEDNESDAY

6-7PM

ROBERTO CLEMENTE RECREATION CENTER:

2631 Bagley St, Detroit, MI 48216

TUESDAY

6-7PM

PATTON RECREATION CENTER:

2301 Woodmere, Detroit, MI 48209

SATURDAY

10-11AM

DETROIT MARKET GARDEN

1850 Erskine Street Detroit, MI 48207

*To attend Free Yoga classes at the Recreation Centers a \$10 annual membership to the Detroit Recreation Department is required.

For additional information please call us (313)655-YOGA(9642) or email us: yoganicflow@gmail.com*

Yoganic Flow

www.YoganicFlow.com